Overview:

The Australian Council for Health, Physical Education and Recreation, SA Branch Inc- ACHPER (SA), is a not for profit incorporated organisation founded in 1978 that provides programs, services and information for the education sites and their communities focused on active and healthy living. ACHPER (SA) provides advocacy and leadership through innovative, quality professional services and programs.

ACHPER is a professional education association that caters for students and professionals in a wide range of areas. ACHPER is concerned with the provision and quality of physical activity, recreation, personal development, health promotion and education in all education institutions from pre-primary through to the tertiary sector. ACHPER allows the opportunity for people in various interest areas to meet, share ideas, network and develop relationships.

Promoting healthy eating and physical activity:

ACHPER (SA) provides a range of quality professional learning for educators and leaders in schools. Professional learning includes:

- ACHPER (SA) HPE Conference
- Game Sense Seminar
- Early Childhood Seminars
- ACHPER Primary Conference
- ACHPER Secondary Conference
- Early Career Teachers' Conference

In addition to this comprehensive range of professional learning opportunities ACHPER (SA) also provides consultancy services for schools, health promotion and sporting clubs and associations. These consultancy services assist educators to improve:

- HPE programs
- Increase regular participation in physical activity
- Decrease sedentary behaviours
- Increase consumption of healthy foods while decreasing energy dense and nutrient poor foods

ACHPER (SA) also provides the following:
• Resources- Play with Purpose- Fundamental Movement Skills resource, Active Children – Ideas for Physical Activity, Lesson Plans/Units of Work, Updated information/position statements/support materials for members, Year 12 Physical Education support materials.
• Physical Education Week- A popular event held in week 5, term 4 annually. Free support materials and ideas for schools to wave the flag for Health & PE
• Membership- Being a member of ACHPER allows you access to support materials, latest information, discounts on Professional Learning and importantly knowing you are supporting the professional body for Health & Physical Education. Why not join as a member today, and receive many benefits.

Contact ACHPER (SA) for all of your professional learning plans.

**Mailing lists and Resources:**

www.achpersa.com.au

ACHPER (SA) has over 430 active members comprising people who work in the education, sport and health sectors.

ACHPER (SA) has well established networks and partnerships with many Schools, Government and other agencies.

ACHPER (SA) Professional Learning activities attract over 1,500 people annually, with a 100% satisfaction response of activities over the last 4 years.

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**Contact details:**

To discuss how ACHPER (SA) can support your work, please contact.

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