ANZ NetSetGO

What is ANZ NetSetGO?

ANZ NetSetGO is Netball Australia’s Junior Netball Program. It has been developed to provide children from five to ten years of age with the best possible learning and playing experience that enables them to develop a positive introduction to netball, ensuring enjoyment and continued participation within the sport.

ANZ NetSetGO incorporates skill activities, minor games and modified matches in a fun and safe environment. The weekly program will be coordinated by accredited coaches to ensure a quality experience for all participants.

The major objectives of NetSetGO are:

- To provide every primary school-aged child with the opportunity to experience netball.
- To deliver a national junior development program that promotes netball participation.
- To address the issue of childhood obesity by providing a low cost, easily accessible and community-based exercise option.
- To provide an opportunity for participants to meet and interact with elite netball role models.
- Provide a skill development program that provides young girls with the opportunity to experience sport whilst developing self esteem and learning new skills.
- To provide opportunities for children and parents to participate in physical activity together.

Option 1: A six week program coached by Netball SA Community Coaches

For $60 per participant, Netball SA offers a six week program run by Netball SA Community Coaches (accredited coaches). Longer programs can be negotiated.

Schools will be provided with promotional items and resources prior to the start of the program. At the completion of the program schools will receive an equipment kit (Netball SA Community Coaches will be utilising the kit during the program).

Option 2: Program coordinated by your school

Schools can coordinate their own ANZ NetSetGO Program. Cost per participant is $50. Schools have the flexibility of determining the duration of the program (recommended minimum of six weeks and a maximum of 16 weeks). Schools will be provided with promotional items and resources once they have registered online.
Program Benefits

Clubs, Associations, Schools and Community Groups

Netball SA will assist in the administration and the promotion of your NetSetGO Program.

When you register your ANZ NetSetGO centre you will receive a free equipment kit. This will assist you in running your program. Equipment kits vary according to how many years your centre has delivered the program.

**Year 1 Equipment Kit:**
Positional Bibs (X2)
Mesh Bibs (X2)
Bean Bags (x15)
Spike Balls (x5)
Skipping Ropes (x5)
Field Markers (x50)
Hoola Hoops (x5)
Mesh Carry Bag (x1)

**2nd & 4th Year Equipment Kits:**
Size 4 netballs (x10)

**Year 3 Equipment Kit:**
Positional Bibs (X1)
Mesh Bibs (X1)
Bean Bags (x9)
Spike Balls (x3)
Hoola Hoops (x3)
Field Markers (x25)

**Please note Centres will receive the 1st Year Equipment Kit in their 5th consecutive year of delivery.**

- **Resources**
  - Centre Coordinators Manual.
  - Coach Coordinators Manual.
  - Lesson Plans.
  - Catch, Balance, Jump, Run Coaching Resources.
  - Throw and Catch and Minor Games Coaching Resources (aimed at 5-7 year olds).
  - Ball Handling, Movement and Space Awareness Coaching Resources (aimed at 8-10 year olds).
  - Coaching Points.
  - Warm Up / Cool Down resource.
  - Playing for Life Manuals.
  - NetSetGO Competition rules.
  - NetSetGO Accredited Centre logo.
  - Editable Poster.
  - Editable Coaches Certificates.

- Opportunity to deliver a program that is nationally branded and endorsed.

- National marketing campaign to support the program.
• Opportunity to increase memberships from currently untargeted markets, therefore increasing revenue.
• A recognised program to offer to schools and other community groups.
• Age and skill appropriate session plans for coaches.
• Flexibility regarding the structure and timeframes for delivery.

Individual Participants
• Participants will receive a participant pack including the following items:
  o Gilbert Pulse Size 4 Netball
  o ANZ NetSetGO T-Shirt
  o ANZ NetSetGO Participation Medal
• Social interactive learning.
• Development of motor skills and confidence through fun and games.
• Further development of fundamental motor skills.
• Participation in a safe learning environment.
• Reduction of social health issues, such as childhood obesity, through physical active involvement.
• Fun for all participants, regardless of ability.
• Increased junior participation and lifelong involvement in an active lifestyle.

Program Contents
ANZ NetSetGO will be conducted as a two tier program in 2015:

Net Tier
• Target 5-7 year olds.
• Activity and Skills component.
• Encouraging fun and friendships through netball related dance, games and activities.

Set Tier
• Target 8-10 year olds.
• Skills and Competition component.
• Setting up the next generation of netballer with netball skills, teamwork and enthusiasm to develop their game.

How much does NetSetGO Cost?

Accredited Centre
There is no fee for clubs, associations, schools or community groups to register as a NetSetGO Accredited Centre.

Contact:
For further information or to discuss delivery options for your Schools centre, please contact Community Participation Coordinator:

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