Overview

Bluearth Foundation is a national not-for-profit organisation working to improve our social, psychological and physical health and well being through movement and physical activity.

Bluearth Foundation’s programs are evidence based and independent evaluations have demonstrated clear health and academic outcomes. Annual school evaluations highlight the social and behavioural benefits of Bluearth’s programs. In addition, the program instils confidence in students, providing pathways into community sport and recreational opportunities.

Promoting healthy eating and physical activity.

Bluearth Foundation can deliver a range of workshops and programs to support you to further develop and sustain a healthy active school. These include:

1. Professional Development program for teachers – with no teacher release required as we provide on the job training in classroom settings, and ongoing access to teaching resources.
2. Active School leadership program – project based learning program, using physical activity to develop leadership skills for students.

All school based programs include staff workshops on movement in learning, parent workshops and school celebration days.

Feedback from schools highlight the benefits of working with Blueearth as:

- Better cooperation, self awareness and attention for students
- Increase in confidence for teachers in delivering physical activity and better relationships with students
- Social/behavioural benefits for students and improvements in self perception
- Physical activity being embedded in key learning and wellbeing strategies across the school

Mailing lists/ Resources/
Please refer to the Bluearth website for further information – www.bluearth.org

Contact details
For questions and details about the programs Blueearth Foundation offers schools in South Australia, please contact

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