Coorara Primary School

Crunch&Sip

An eat well be active - Primary Schools project school

Coorara Primary School introduced shared fruit and vege platters with the assistance of local foodies. Soon after they introduced a fruit, vege and water break (see their policy under the Policies section here). The Crunch&Sip program was then introduced.

Watch this video at

To see the children and parent volunteers cutting up fruit and vege for the shared fruit and vege platters watch this video. You will also hear the teacher organiser, a parent and children talking about the program.

http://youtu.be/VGa1Cg0HiB0

For more information about the Crunch&Sip program visit

There are Crunch&Sip videos on this site from
- Coorara PS
- Craigmore South PS
- Lockleys PS
- Wandana PS
- St Leonards PS

For more information contact
dl.0323_info@schools.sa.edu.au

Video Playlist :
http://www.youtube.com/playlist?list=PLCp3_brrD7xoWklOg-uK6dCLuZTRpHK2Z

eat well be active - Primary Schools Project, a joint SA Health and Department for Education and Child Development project from 2008-2013