Philosophy:
Coorara aims to maximize students’ physical activity by:

- Integrating physical activity throughout the school day, (including curriculum integration)
- Providing quality Physical Activity and fitness lessons and sport opportunities
- Creating a physical and social environment conducive to fun and engaging physical activities
- Seeking additional and creative ways for students to be more physically active, including peer education and links with parents

We will focus on the development needs of students, encourage high participation and engagement, emphasize fun and promote the importance of being physically active for a healthy lifestyle.

Goal:
That every child, every day is physically active (for at least 30 minutes) at school, with the encouragement of energetic recess and lunchtime play.

Planning:
This plan is linked to the following documents and is to be reviewed biannually:
SITE LEARNING PLAN; SUN SMART POLICY; STUDENT WELLBEING POLICY; BULLYING AND HARRASSMENT POLICY; FRUIT, VEGETABLE AND WATER POLICY; HEALTH AND PHYSICAL EDUCATION CURRICULUM; AND STUDENT VOICE

Commitment: This policy reflects our school’s commitment to:
1. Meet the Australian Government’s Active School Curriculum requirements of at least two hour of physical activity in the weekly curriculum for all primary school children.
2. Assist students meet the Australian Governments’ recommendations for 5-12 year olds of at least 60 minutes of moderate to vigorous physical activity every day.
3. Ongoing staff training and development.
**Equity Statement:** This policy is based on principles of equity and inclusiveness to ensure that all students have opportunities to engage in physical activity at school

- Opportunities will be appropriate for children of all abilities
- Denial of physical activity will not be inappropriately used as a disciplinary technique
- Inadequate footwear will not be a reason for exclusion from physical activity
- Physical activity will be affordable (or support provided for students who may otherwise miss out, through the Active After School programme)

**Communications and Parent Linkage:** Coorara will:

- Include the Physical Activity Policy in school orientation packages
- Maintain a staff/parent sports committee with coordinators for a variety of out of hours school sports

**Dissemination:** This policy will be agreed to by the school community, signed by the Principal, and made available to parents, teachers and students. This policy will be disseminated via STAFF MEETING; EDUCATION COMMITTEE; STUDENT VOICE; AND GOVERNING COUNCIL

**Draft copy for staff to offer any changes, will be discussed at a future staff meeting**