Karoonda Area School

Learning through Movement Circuit - - Action based Learning

An eat well be active - Primary Schools project school

At Karoonda Area school they have introduced an action based learning (ABL) circuit which all primary children do once a week.

Hear Jaslyn talking about what they do and how movement improves learning. The session begins with
- A warm up activity
- Demonstration of stations
- And follows into students using each station

http://youtu.be/qhUx3OsKIA

These are based on the action based learning (ABL) work of Jean Blaydes. http://abllab.com/

On this website there are more videos about ABL from
- Southern Learning Centre.
- Prospect North PS

For more information contact Jaslyn at dl.0756_info@schools.sa.edu.au

Video Playlist
http://www.youtube.com/playlist?list=PLCp3_brrD7xoWktOq-uK6dCLuZTRpHK2Z

eat well be active - Primary Schools Project, a joint SA Health and Department for Education and Child Development project from 2008-2013