Mypolonga Primary School

Come and Try

An eat well be active - Primary Schools project school

The Mypolonga Primary School they have experimented with ways to use the produce from the garden. This video explains how they collect produce, blanche it, freeze it and wait till they have enough to cook food for a Come and Try where every child in the school has the opportunity to try healthy foods http://youtu.be/51IDfbMIPUQ

There are other videos on this site about school gardens
- Nairne PS
- Wandana PS
- Immanuel Lutheran School Gawler
http://www.youtube.com/playlist?list=PLCp3_brrD7xoWktOg-uK6dCLuZTRpHK2Z

Some Case studies in Word are also featured

dl.0302.info@schools.sa.edu.au

eat well be active - Primary Schools Project, a joint SA Health and Department for Education and Child Development project from 2008-2013