Premier’s be active Challenge

Active kids make better learners!
Physical activity can help with focus, improve behaviour and promote a positive attitude. Any type of physical activity is good, and 60 minutes a day is best.

Earn $1000 for your school.
In addition to receiving a medallion for your participation, you could also gain extra $$$ for new equipment for classes. If a high percentage of your school’s total enrolments complete 10 weeks of the Challenge, you will be in the running to win.

The Challenge
Take the Premier’s be active Challenge and reap the rewards
The Challenge is to do at least 60 minutes of physical activity on at least 5 days of the week for at least 4 weeks. After 4 weeks of daily recorded physical activity you will be rewarded with a medal. Visit our website to learn more.

www.pbac.sa.edu.au