Queen Bee

RESOURCES: 1 foam ball, 2 chairs

LOCATION: Netball court or gym

INSTRUCTIONS:
• Set up two chairs at opposite ends of the playing area
• Divide the class into two teams
• One student from each team sits in a chair and becomes the ‘Queen Bee’
• Set up a safety zone around the ‘Queen Bee’ that no other player can enter (e.g. Netball goal circle)
• Each team spreads out on their half of the playing area
• The object is to pass the ball from teammate to teammate, until the team ‘Queen Bee’ catches the ball
• The ‘Queen Bees’ are placed on the opposite ends of where their team mates are. In other words the goalies will be facing their team mates at the start (the defensive players can't go inside of that area)
• When the ‘Queen Bee’ catches the ball, they score a point for that team
• After catching the ball a player cannot walk (or move his/her chair). If he/she does, then traveling is called and the other team is awarded the ball
• A person in a wheelchair may wheel around in a circle to find open team mates
• Players may use a pivot foot/wheel as in basketball once in possession of the ball
• If the ball touches the floor, (i.e. a teammate drops the ball or has it batted down when throwing), the other team is awarded the ball
• Defensive players must stay at least 1m from the offensive player. This should limit fouls and some possible rough play.
• Encourage your students to use short passes to work the ball to their ‘Queen Bee’. Maybe give them extra points for making 4 passes in a row successfully
• If playing outdoors use a Frisbee instead of a foam ball.

VARIATIONS:
• Set up the game as in the above version
• This time, instead of aiming to pass to your ‘Queen Bee’, the aim is to hit the opposition ‘Queen Bee’ with the ball, turning this into a bombardment game
• Players defend their ‘Queen Bee’ in their half of the field
• Each team is restricted to their side of the field and attack from this half and defend their ‘Queen Bee’
• After catching the ball a player cannot walk (or move his/her chair). If he/she does, then travelling is called and the other team is awarded the ball
• A person in a wheelchair may wheel around in a circle to find open team mates
• Players may use a pivot foot/wheel as in basketball once in possession of the ball
• If the ball touches the floor, (i.e. a teammate drops the ball) they are removed to the sideline
• If a player is contacted by the ball between knee and shoulder, they are removed to the sideline
• Players on the sideline can re-enter the game if one of their team mates catches the ball
• The game is over when the ‘Queen Bee’ is contacted by the ball below the shoulder.

This version of the game works best when multiple foam balls are used as it increases participation rates and the degree of decision making required by students.