St Leonards Primary School

Crunch&Sip

An eat well be active - Primary Schools project school

St Leonards Primary School introduced the Crunch&Sip program. Watch this video at

http://youtu.be/O164uscHAc0

To see the children engaged in their fruit, vege and water break. Hear the coordinator and students talking about the program.

For more information about the program visit

There are Crunch&Sip videos on this site from
- Coorara PS
- Craigmore South PS
- Lockleys PS
- Wandana PS
- St Leonards PS

Video Playlist:
http://www.youtube.com/playlist?list=PL Cp3_brrD7x0Wk1Og-uK6dCLuZTRpHK2Z

For more information:
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eat well be active - Primary Schools Project, a joint SA Health and Department for Education and Child Development project from 2008-2013