Opportunities for Student Voice in Action based learning

Riverland Student Leader Workshop
20 June 2012

Aaron Harrison- Blueearth Manager central Australia
Barb Hickling -Project Officer
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Today we stand in footsteps millennia old. May we acknowledge the traditional owners whose cultures and customs have nurtured, and continue to nurture, this land, since men and women awoke from the great dream. We honour the presence of these ancestors who reside in the imagination of this land and whose irrepressible spirituality flows through all creation.

Source [2]. Jonathan Hill is an Aboriginal poet living in New South Wales.
Opportunities for Student Voice in Action based learning

Introducing

Barb Hickling  Project Officer eat well be active Primary Schools project
Helen Berry  Chief Executive Officer Blueearth
Aaron Harrison  Manager Blueearth
Roseanne Fuller  Blueearth Coach
Clay Watkins  Project Assistant Blueearth
Jean Blaydes

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Opportunities for Student Voice in Action based learning

Timetable for Day

10:00-11:00     Welcome/ Introductions
                Jean Blaydes

Recess

11:20-12:50     Jean Blaydes

Lunch

1:30-2:30       Planning student voice

Return to school

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right bite

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- 135 schools across South Australia
- Funded by SA Health
- Co-managed by Department of Education and Child Development
- Blueearth and ACHPER come out and work with schools - staff, students and parents to promote healthy eating and physical activity
right bite

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**Project Outcomes**

- Increasing physical activity levels, fruit and vegetable and water consumption
- Decreasing screen based leisure activities
- Decreasing consumption of energy dense, nutrient poor foods and drinks

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Why?

- to improve your health and wellbeing
- which improves your learning
- which enables you to live a longer life
- which enables you to have more FUN
- wherever you are
Why Student Voice?

- improves teaching and learning
- improves teacher-student relationship
- increases student engagement with their learning
- and raises student self-esteem and worth

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Student Voice Ideas – ewba

- Playtime Leaders during break times
- Canteen organisers and developers of Manager’s J&P specifications
- Canteen Menu designers
- Data collectors and analysers
- Healthy eating and physical activity committees with parents, other students and teachers
- Peer leaders in lessons in physical activity and healthy eating
- Special events e.g. Nude Food Days
- Children at a school asking the local deli to supply healthy options for their lunches

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Websites can help plan for action

Right Bite

Premier’s be active Challenge

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right bite

For Students on the website

• all about Right Bite
• Cool lunch box ideas
• Fun website links
• Keeping safe with food
• Recipe ideas
• Useful links
• STUDENT VOICE IDEAS

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Opportunities for Action
What does action based learning mean?

STEP ONE
Make a list of all the most important messages that you can think of that Jean has given you today.
An adult will do the writing

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Opportunities for Action
What does action based learning mean?

STEP TWO
You have three dots. Put them against the most important messages you would like to take back to your school.
You can use three dots for one message if you want or one each for three different messages

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**As a group, write down the three favourite messages from the group list and fill out the sheet.**

<table>
<thead>
<tr>
<th>Ideal message</th>
<th>Enablers things that might help</th>
<th>Limiters things that might prevent</th>
<th>Support</th>
<th>Other support</th>
</tr>
</thead>
</table>

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Report back to the whole group

Choose a reporter to report back to the whole group
• one message
• enablers - things that will help
• limiters - things that might stop it
• support required

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Thankyou

• Students
• Teachers
• Aaron, Roseanne, Clay
• Jean Blaydes

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