Enhancing Student Wellbeing through healthy eating and physical activity.

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Care and education settings

Learning environment

Curriculum and pedagogy

Partnerships

Policies and procedures

Inquiry-minded improvement

- Physical
- Emotional
- Cognitive
- Social
- Spiritual

Learner Wellbeing
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- A collaborative Department for Health and Ageing / DECD initiative
- Phase 1: 57 schools term 2 2009 – end 2011
- Phase 2: 45 schools added term 1 2010 – end 2011
- Phase 3: Another 27 schools joined term 3 2010 – end 2011
- Phases 4 and 5 – Addition of new schools
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- Whole school commitment
- Community capacity building
- Providers – building teachers capacity
- Teachers build students capacity
- Student voice
eat well be active - Primary Schools Analysis of school feedback

- Quantitative data
- Qualitative data - 6 case studies
- Run by the Department for Health and Ageing
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Key points from the Qualitative feedback from the Department of Health and Ageing case study evaluation:

- Capacity building around teaching and learning
- Significant learning for teachers
- Increased focus on physical activity skills rather than competition
- Teachers reported personal changes
- Policy change to reflect principles of project
- School culture shift
- Improvements in student behaviour and work output
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Parameters for success

• Leadership commitment
• Focus person within school community
• Flexibility and adaptability
• Atmosphere of respect and trust
• Sustainable outcomes
Encourages and celebrates physical activity.

2011 - 301 schools 42,173 Students

Student Leadership model