**WABBIT WUNNING**
*from Active Schools Project*

**RESOURCES:** Whistle, cones

**LOCATION:** Outdoors

**INSTRUCTIONS**
1. Children in lines of three, evenly spaced; one behind the other
2. Jog around track and when pass a marker (or on a whistle) a new leader comes (sprints) to the front, from the back.

**VARIATIONS**
Wabbit Weaving is played as for Wabbit Wunning, but the last wabbit weaves in and out of the line to get to the front.

---

**WARM-UP ACTIVITY FOR DANCE/MOVEMENT**
*from Carol Sharpe, Hampstead Primary School (Active Schools Project)*

**RESOURCES:** A soft ‘squishy’ ball per person (available from Cunninghams Warehouse or any ‘cheap’ shop for $2.00), music: any of the modern tunes that have a good beat eg ‘Sexy Eyes’ (Wigfield), ‘If you’re not in it for love’ (S Twain), ‘Wanna Be’ (Spice Girls) etc

**LOCATION:** Indoors or outdoors

**INSTRUCTIONS**
1. Use the ball as the focus of the movement
2. Children in groups of four
3. ‘Follow-the-leader’ moves in time with music
4. When teacher calls ‘change’ the leader goes to the end of the line and a new leader leads the group
5. The ball is not allowed to leave the hand; there is to be no touching of anyone or anything with the ball

**VARIATIONS**
The use of the ball can be added into the Dance/Movement lessons. It gives the reluctant children something to focus on and they are therefore less inhibited.